

Adult social care funding and the voluntary sector

Report for Overview and Scrutiny Individuals Subcommittee

7 March 2019

Why we recommissioned

- Better outcomes for the money (£600k invested).
- Support more people with more joined up services
- Get onto a firm contractual footing
- Gradually build a preventative offer that is recognised as part of a whole system and getting it to work increasingly effectively

Our aim is for adults to have access to a range of support that helps residents maintain their independence and prevent or delay the need for on-going support.

Co-produced design principles

- Encourage services that build personal, family and community resilience - emphasising strengths rather than identifying limitations
- We will commission services that actively participate in developing pathways to more independent living
- Peer support groups that are imaginative, continually look to extend reach and encourage self-organising groups
- Commissioning services that build networks and can show a growing reach

3 Key Outcomes

- Promote **social inclusion** for those isolated and/ or prevent people from becoming socially excluded
- Develop community resilience and personal wellbeing through **peer support** networks
- **Carers** supported in their caring role and to maintain a life of their own

5 key service areas

1. Services for people with physical disabilities and/ or sensory impairment
2. Services for the frail elderly
3. Services for people with mental health needs
4. Service for people with learning disabilities or autism
5. Services for people with dementia

Carers – all groups

- PSD
- Dementia
- Mental Health
- Older Frail
- LD & Autism



- ✓ Info advice and advocacy
- ✓ Carer Information Pack
- ✓ Social Activities
- ✓ Training
- ✓ Dementia Services
- ✓ Peer Support groups
- ✓ Satellite GP Carer Services
- ✓ Telephone Support

Frail Elderly

- Social Inclusion
- Peer Support



Di's Diamonds

Diamond Geezer's

- ✓ Quiz night
- ✓ Bowling
- ✓ Sunday Lunch
- ✓ Coffee mornings
- ✓ International Women's Day
- ✓ Line dancing

Physical & Sensory Disability

- Social Inclusion
- Peer Support



- ✓ Activities for people with disabilities and carers
- ✓ Enable & encourage independent social arrangements
- ✓ Facilitate connections with long term peer support opportunities & develop independent peer support groups
- ✓ Enable & encourage development of friendships & connections with the community
- ✓ Promote independence

Dementia

- Peer Support



Singing is not only an enjoyable activity, it can also provide a way for people with dementia, along with their carers, to express themselves and socialise with others in a fun and supportive group.

Dementia

- Social Inclusion



Tapestry
prevention, care and support

Dementia Peer Support Lunch Club

- ✓ For those living with dementia to take part in a peer support lunch club
- ✓ 2 venues are available in Havering – 1 north and 1 South of the Borough
- ✓ Each peer support lunch club will contain the maximum of up to 20 service users
- ✓ The service shall promote independence and avoid creating dependencies

Mental Health

- Social Inclusion
- Peer Support



- ✓ peer Support groups
- ✓ support managing mental and physical health;
- ✓ signposting to other services and opportunities;
- ✓ reassurance and practical advice to reduce stressful situations;
- ✓ One-to-one meetings with Community Navigator;
- ✓ Groups meetings;
- ✓ Reviewing existing social network and the identify areas of required support;

Autism & LD

- Social Inclusion
- Peer Support



Autism Hub

- ✓ Outreach
- ✓ Raising Awareness
- ✓ Peer Support
- ✓ Living a Fulfilling Life

Outcome Measures

1	Wellbeing	Service users have a good quality of life	No. / % reporting improved quality of life
2	Social Inclusion	Service users have as much social contact as they would like	No / % reporting increased social inclusion and social contact
3a	Resilience	Service users have the skills, tools and confidence to manage in their daily lives	No. / % reporting they are better able to manage in their daily lives
3b	Carer resilience	Carers feel supported in their caring roles	No / % of carers who feel more supported in their caring role and able to remain in their caring role
4	Carer quality of life	Carers are able to balance their life with their caring role	No / % of carers who have more of a balance between their caring role and own life

Outcome Measures



Between April and Sept 2019 we have collected feedback from 199 people supported by VCS

- 93% reported improved quality of life
- 92% reported increased social inclusion and social contact
- 79% reporting they are better able to manage in their daily lives

We are currently looking at how we can demonstrate how much these services are saving the Council

Prevention Forum

Quarterly meeting with the aim:

- Support providers to work better together
- Resolve issues & challenges
- How to operate within the wider system & fit with all other services
 - Place based care
 - Wider offer   BritishRedCross
 - Whole system approach